

NOTE: Pre-registration is required for most items listed in this section. For details on how to register, see page 15 unless other instructions are provided in the course details or job description.

For all training and certification courses, 100% attendance is mandatory.

FIRST AID & CPR CERTIFICATION

Red Cross Standard First Aid & CPR and AED Course

Learn Standard First Aid, CPR and AED skills in this certification course.

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Apr 13-14	Sa-Su	09:00 AM-05:30 PM	\$126.75	HB2609-01
May 11-12	Sa-Su	09:00 AM-05:30 PM	\$126.75	HB2609-02
Jun 8-9	Sa-Su	09:00 AM-05:30 PM	\$126.75	HB2609-03
Jul 6-7	Sa-Su	09:00 AM-05:30 PM	\$126.75	HB3609-01

Red Cross Standard First Aid & CPR and AED Recertification

Annual recertification is recommended. Refresh your First Aid, CPR and AED skills in this course. A current certification is required to register.

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Jun 2	Su	10:00 AM-06:00 PM	\$71.50	HB2610-01
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BECOME A LIFEGUARD!

As a City of Saskatoon Lifeguard you will...

- Earn \$\$\$ • Be a role model • Work as part of a team
- Build confidence and life skills • Earn bathing suit reimbursements
- Meet new friends • Receive a free LeisureCard to use at City facilities
- Eligible for free recertification of awards
- Receive medical and dental benefits
- Have flexibility to choose your hours of availability

For more employment* information contact 306-975-3321.

*To obtain employment as a Lifeguard with the City of Saskatoon, both the Lifesaving Society National Lifeguard Award and Red Cross Water Safety Instructor Certifications must be completed.

STEPS TO BECOMING A LIFEGUARD

- 1 LIFESAVING SOCIETY BRONZE MEDALLION
Pre-requisites: 13 years old or Lifesaving Society Bronze Star
- 2 LIFESAVING SOCIETY BRONZE CROSS
Pre-requisites: Lifesaving Society Bronze Medallion
- 3 STANDARD FIRST AID/CPR AED
Pre-requisites: None
- 4 LIFESAVING SOCIETY NATIONAL LIFEGUARD AWARD (NLA)
Pre-requisites: 16 years old, Standard First Aid, CPR "C" & AED, Lifesaving Bronze Cross

STEPS TO BECOME A RED CROSS SWIMMING INSTRUCTOR

- 1 SKILLS EVALUATION & ONLINE LEARNING COMPONENT
Pre-requisites: 15 years old, one of Red Cross Assistant Lifeguard, Emergency First Aid or Bronze Cross (Certifications do not need to be current)
- 2 TEACHING EXPERIENCE & CLASSROOM AND POOL COMPONENT
Pre-requisites: Skills Evaluation & Online Learning Component

LIFESAVING & GUARDING

How to Become a Lifeguard

Want to become a lifeguard, but not sure where to start? Join us for a free one-hour information session and learn the necessary steps and courses required to become a certified lifeguard and swim instructor with the City of Saskatoon. We will discuss the great benefits of being a lifeguard and answer all your questions. Parents, youth and children welcome.

Harry Bailey Aquatic Centre

Apr 29	M	06:00 PM-07:00 PM	FREE	HB2631-01
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New! Bronze Medallion, Bronze Cross and Red Cross Standard First Aid Fast Track Course

Prerequisite: Minimum 13 yrs or completion of Bronze Star. This program offers all the components of the Bronze Medallion, Bronze Cross and Red Cross Standard First Aid in a condensed 2-week time frame. Manuals cost \$68.51 and are not included in the registration fee.

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Jul 2-12	M-F	10:00 AM-03:00 PM	\$313.75	HB3632-01
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Lifeguard Quest Program

10-13 yrs. Pre-requisite: completion of Swim Kids Level 7. An action packed program that allows students to work towards Red Cross Swim Kids 8, 9, 10 and Lifesaving Society programs Rookie, Ranger and Star Patrol. Acquire both Red Cross and Lifesaving Swim awards at the same time.

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Apr 3-May 29	W	05:30 PM-07:30 PM	\$96.00	HB2153-01
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Get on the Fast Track to becoming a Lifeguard!

Become a lifeguard and complete steps 1 to 3 in nine days. Refer to Bronze Medallion, Bronze Cross Standard First Aid Fast Track Course above for program details.

Do you have questions about the steps to becoming a Lifeguard? Register for How to Become a Lifeguard, held on Apr 29. Parents, youth and children welcome!

See top of page.



in the lifesaving awards to further the development of the practical skills required of lifeguards. Fee does not include manual cost of \$39.90.

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Apr 26-May 5	F	05:30 PM-10:00 PM	\$178.50	HB2606-01
	Sa-Su	09:00 AM-06:30 PM		
Jul 15-19	M-F	08:30 AM-06:00 PM	\$178.50	HB3606-01
Jul 22-26	M-F	08:30 AM-06:00 PM	\$178.50	HB3606-02

Lifesaving Society National Lifeguard Recertification
 Pre-requisite: Proof of National Lifeguard Award certification. This is a recertification course for the National Lifeguard Award, which must be done every two years in order to remain certified.

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Apr 27	Sa	01:00 PM-05:00 PM	\$66.25	HB2607-01
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WATER SAFETY INSTRUCTOR (WSI) CERTIFICATION

New format! Two components are required to complete this certification. Pre-requisite: Participants must be 15 years of age to register and possess one of the following certifications: Red Cross Assistant Lifeguard, Emergency First Aid or equivalent (Bronze Cross). Certifications are not required to be current.

Skills Evaluation & Online Learning Component
 In this three hour Skills Evaluation session, candidates must be prepared to demonstrate water safety skills and strokes to a Red Cross Level 10 standard, as well as instructor emergency response skills. The Online Learning Component course package will be distributed and is to be completed at home. Included in the course package are the WSI workbook, Red Cross Swim deck book, and access to Red Cross online support.

Harry Bailey Aquatic Centre

Apr 12	F	04:00 PM-07:00 PM	\$180.50	HB2633-01
May 12	Su	11:30 AM-02:30 PM	\$180.50	HB2633-02
Jul 22	M	09:00 AM-12:00 PM	\$180.50	HB3633-01

Teaching Experience & Classroom and Pool Component
 Prerequisite: Must have successfully completed the Skills Evaluation & Online Learning Component. In the Teaching Experience Component, participants will mentor with and practice teaching Red Cross swimming lessons with a certified Red Cross WSI instructor during a lesson set (8-10 lessons). Participants will be contacted by an Aquatic Technician a week prior to a swim lesson set regarding dates and times of the lessons. In the Classroom and Pool Component, candidates will be evaluated on their knowledge and ability to apply the theory for planning, teaching and evaluating swimmers in Red Cross programs. To demonstrate their skills, the candidate will complete a variety of practice teaching exercises.

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Apr 5-7	F	05:00 PM-10:00 PM	\$227.50	HB2634-01
	Sa-Su	09:00 AM-06:00 PM		
Aug 26-30	M-F	10:00 AM-03:00 PM	\$227.50	HB3634-01

Water Safety Instructor Recertification
 Pre-requisite: Proof of current Water Safety Instructor Certificate. This is a recertification course for the Water Safety Instructor Certificate, which must be done every two years in order to remain certified. Bring your Water Safety Instructor Manual to the course.

Harry Bailey Aquatic Centre

May 26	Su	10:00 AM-03:00 PM	\$71.50	HB2611-01
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Lifesaving Society Bronze Star
 An introduction to basic lifesaving techniques with this pre-Bronze Medallion award. There are no age restrictions although it is recommended to have a high comfort level in deep water. Fee does not include manual cost of \$39.90, which is also required for Bronze Medallion and Bronze Cross.

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Apr 1-Jun 3	M	06:00 PM-08:00 PM	\$102.75	HB2605-01
Jul 29-Aug 2	M-F	10:00 AM-02:00 PM	\$102.75	HB3605-01

Lifesaving Society Bronze Medallion
 Pre-requisite: Minimum 13 yrs or completion of Bronze Star. Course teaches the four lifesaving principles of water rescue education: knowledge; judgement; skills; and fitness. Fee does not include manual cost of \$39.90, which is also required for Bronze Cross.

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Apr 1-Jun 3	M	05:00 PM-07:30 PM	\$124.50	HB2604-01
Apr 23-25	Tu-F	09:00 AM-04:30 PM	\$124.50	HB2604-02
May 31-Jun 2	F	05:30 PM-09:30 PM	\$124.50	HB2604-03
	Sa-Su	09:00 AM-05:30 PM		
Aug 6-9	Tu-F	10:00 AM-03:00 PM	\$124.50	HB3604-01

Lifesaving Society Bronze Cross
 Pre-requisite: Bronze Medallion. A course that trains the participant in the areas of advanced lifesaving rescues and skills. Bronze Cross is a prerequisite to the National Lifeguard Service Award. Fee does not include manual cost of \$39.90.

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Apr 23-25	Tu-Th	09:00 AM-04:30 PM	\$124.50	HB2603-01
May 24-26	F	05:30 PM-09:30 PM	\$124.50	HB2603-02
	Sa-Su	09:00 AM-05:30 PM		
Aug 12-16	M-F	10:00 AM-02:00 PM	\$124.50	HB3603-01

Lifesaving Society Bronze Challenge Exam
 10-14 yrs. Youth who have completed the Bronze Medallion or Bronze Cross class, but did not pass or attend the exam have the opportunity to challenge the exam. Adults with significant aquatic experience and feel competent in their skills also have the opportunity to challenge the exam. Call Harry Bailey Aquatic Centre at 306-975-2931 for more information.

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Jun 7	F	04:00 PM-08:00 PM	\$51.00	HB2602-01
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Lifesaving Society National Lifeguard Award
 16 yrs+. Pre-requisite: Bronze Cross and Standard First Aid, CPR and AED certification. Builds on fundamental skills, knowledge and values taught